

# Pulse of Parkwood

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**PULSE OF PARKWOOD IS THE MONTHLY NEWSLETTER OF PARKWOOD PRESBYTERIAN CHURCH**

**T**he building project is nearing completion. Read about the current status of the finances in the report on pages 4-6

**P**arkwood's Youth have an event coming up this month—and you're invited! Find out where and when on page 7

**“As God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness, and patience.”**

**- Colossians 3:12**

**L**unch and Learn returns this month with another interesting topic and speaker—see page 8

**C**hristian Education is putting the spotlight on marriage this fall with The Marriage Course. Details on page 9

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**October 2016**



## Christ-likeness and thankfulness go together



When the apostle Paul writes to the Colossians, his purpose is to combat certain errors in understanding which tended to place more importance on human ideas, traditions, and legalities than on the person and work of Jesus. Through the centuries, down to and including today, the church suffers from the same tendencies. We are prone to wander from Jesus and His way, to place more emphasis on human ideas and our traditions and ways of doing things.

**“And be thankful.”  
- Colossians 3:15**

Paul’s approach to correcting this is both delightful and instructive. He begins by giving thanks for the Colossians: “We always thank God, the Father of our Lord Jesus Christ, when we pray for you.” (1: 3) He goes on to identify very specifically what he has observed and what he knows about the people of the church in Colosse, and why he is so thankful for them: “because we have heard of your faith in Christ Jesus and of the love you have for all the saints” (1: 4). Then, he goes on to focus on Christ, concentrating on lifting up his person, his work, and his glory: “He is the image of the invisible God.” (1: 15) “He is before all things, and in him all things hold together.” (1: 17) “He is the head of the body, the church; he is the beginning and the first-born from the dead, so that in everything he might have the supremacy.” (1: 18) “God was pleased to have all his fullness dwell in him.” (1: 19)

After exalting Christ, Paul goes on to caution the Colossians against the errors of being led astray into “hollow and deceptive philosophy” (2: 8) and “human tradition and the basic principles of this world.” (2: 8) Paul then contrasts the way unbelievers live (and the way the members of the church at Colosse used to live before they became Christians) with the characteristics that God delights to see followers of Christ display. “Put to death, therefore, whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires and greed ...” (3: 3) “Rid yourselves of all such things as these: anger, rage, malice, slander ...” (3: 8) Instead, Paul urges the Colossians (and us): “As God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.” (3: 12)

Then, after calling the church to live “in peace”, he says, most emphatically, “And be thankful.” (3: 15). For Paul, and for the Holy Spirit (Who is inspiring what he writes), Christ-likeness and thankfulness go together. For the church (as the body of Christ) to grow into the likeness of Christ, the church is to be thankful. This is a command, not an option. It is a way of being, not an occasion.

As we approach our annual celebration of Thanksgiving, let us take the opportunity to ask ourselves if being thankful is our regular state of mind, heart, and being, or something we only are or do once a year or once in a while or on certain occasions. Paul reminds us that growing up and growing in Christ means that we grow to live as a thankful people — individually and together — always and continually.

If we would know and enjoy the peace of Christ and His presence in us and among us, we need to cultivate a habit and a habitual, regular state of being thankful. “Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.” (3: 15)

The rest of our life together in worship and service follows, and flows from this: Verses 16 and 17 of Colossians 3, which we are fond of quoting, follow immediately from this exhortation, “And be thankful.”: “Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns, and spiritual songs with gratitude in your hearts to Gd. And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.”

Happy Thanksgiving — and a blessed thanks-living to all,  
Your pastor,  
James T. Hurd.

## A Short History of Gracefield Presbyterian Centre

Around the year 1907, Hugh Braddish Billings decided to purchase some land on a lake near the town of Gracefield, Quebec. His friends, the Powells, were already in the area. Beaver Lodge was built with cement blocks made on the property. The beautiful hewn beams in the sitting room of the lodge were cut from logs taken from the many trees on the property. About this time, the Billings family, with a keen interest in hunting and fishing, built a hunting lodge (Reid Hall), with its large rooms, beautiful fireplace, and sleeping quarters upstairs. The next building to be constructed was a boat house. Then four glass-bottomed boats were purchased, to be used for fishing. All of the buildings looked out over a beautiful clear, clean, deep lake. The fish were extremely plentiful! Drinking water was brought from the lake.

The Powell family, who were getting older, found it too difficult to continue going to Gracefield, so they turned their lodge and all the land around it over to May Billings. May found it lonesome in Beaver Lodge alone and persuaded her younger brother, Roger, to take the land beside Beaver. There was a small building there at the time, so Roger extended the existing building and built a woodshed and other buildings around it. May and Roger and their friends had many happy times there. The building is, of course, the present-day Jolly Roger. Twenty-six men were employed to work on the property, and a private road was built from the highway to the Lodge at a cost of \$30,000. Electricity was available about this time, so the buildings were wired. As refrigeration was also now available, it was unnecessary to cut ice for the ice house (Bell Tower) any longer.

There were four trains a day from Ottawa to the town of Gracefield and return, so the Billings family were able to enjoy their property all year long. A caretaker with his wife and family lived on the property, so that when the Billings and their friends arrived for weekends, the buildings were warm and meals were ready. May Billings arranged with the Canadian Pacific Railway to take out a million feet of lumber to put in a spur line close to the camp. It was necessary to have a number of horses and a lot of machinery at this time. Hence, Pine Lodge, which was a horse stable and a well-equipped machine shop, was built, and is still in use today (1982).

To be continued... in the next edition of the Parkwood Pulse!

By Marlene DuCharme, Program Committee, G.P.C., 1982

- submitted by Dianne Nickerson



## Financial Status of the Building Project as of August 31st

As indicated in the Annual Report for 2015, a major difficulty was to determine in late January the likely total cost of the project. There was an accounting lag between when work was done and when Pri-Tec submitted its monthly invoice to Parkwood. It was certain that contingency expenditures were pushing the total cost of the project well above the original cost estimate. As well, the specific cost estimates for the working drawings were generally higher than the original estimate for the schematic drawings.

At the Annual Meeting in February of this year, the Facility Planning Team reported that it was very concerned with the evolving higher cost of the project. The team had earlier instructed Pri-Tec to not undertake three proposed renovations: the alteration of the storage space at the back of Fellowship Hall; the renovations in the caretaker's closet/office on the lower level; and the extension of the new ductwork through the Music Office to the Meeting Room.

Negotiations were undertaken with Pri-Tec concerning the remaining work. Pri-Tec agreed to limit their total costs to a negotiated figure (roughly \$726,000) and to charge \$8,000 to complete the renovations for the coat room and Gathering Place. Moreover, Pri-Tec would no longer charge their standard fee (10 per cent) on all remaining work. As part of these negotiations, Parkwood agreed to pay for the remaining exterior work (parking lot and installation of required trees) in addition to not requiring Pri-Tec to undertake the above three renovations in the existing lower level.

At the Annual Meeting, the team informed the congregation that Parkwood was facing a serious cash flow problem in March through June to pay for completed work as well as the planned renovations. In response, it was agreed to increase the annual target for donations to the Building Fund, to ask the congregation to "front end" their intended donations to the fund by March 31, and to authorize the Facility Planning Team to obtain the required financing to enable Parkwood to complete the building project. One specific financing action was to ask the Facility Planning Team to request Presbytery to consider a supplementary grant of \$30,000 to assist Parkwood to complete the building project.

A request for a grant of \$30,000 from the Presbytery was submitted to the Finance and Maintenance Committee of Presbytery. This request was turned down by the Committee of Presbytery, but in its place the Committee agreed to recommend to Presbytery a loan to Parkwood of \$30,000 on favourable "pay-back" terms. Presbytery approved this recommendation and the money was received by Parkwood in the spring.

The donations through the end of March were less than hoped, which meant that a loan beyond the \$30,000 would be required to meet the bills for the project. A discussion was started with the General Manager (GM) of the Presbyterian Church Building Corporation, which manages The Lending Fund. Parkwood had already borrowed \$65,000 from the Lending Fund. A discussion with the GM proved to be very helpful in obtaining a suggested approach to address our financial situation. The advice of the GM was that it would be better to over-borrow and then pay back the funds not required during the interest-free period than to under-borrow and later have to scramble to find an additional loan. The GM indicated an additional loan of \$35,000 would be acceptable, which would increase the loan from that source to \$100,000, which is the maximum loan. The same terms for paying back the earlier loan of \$65,000 would apply for the larger loan.

Session agreed to request a further loan of \$35,000 from the Lending Fund. The process required the approval of such a request by the F&M Committee of Presbytery and then a need for further legal work to set up the loan. Approvals were finalized and the funds were received in July.

## Financial Status of the Building Project as of August 31st

### Current situation

The construction and renovation is finally nearing completion in September. The table summarizes the source and use of funds as of the end of August. The estimate of outstanding bills is nearly \$35,000. If the actual expenses can be held to this figure or close to it, then there is likely to be a balance in the project fund of about \$17,000. In large part, this balance is due to the continued donations by the congregation. As shown in the table, the congregation has donated nearly \$42,000 to the project as of the end of August.

The team cautions against developing views on how to use any balance in the fund until the “last nail” has been hammered into place. The project suffered from many unexpected contingencies, so we should continue to wait patiently until there is no more scope for contingencies.

At the appropriate time, the team will present a list of priorities/options on how the congregation might use any outstanding balance. There will be time for a discussion of what the congregation would prefer to do with any balance in the fund.

See page 6 for additional financials —>

<b>Source and Use of Funds for Construction Project, as of August 31, 2016</b>					
A. SOURCE OF FUNDS	Funds as of	2016	Funds as of	Estimate	Total
	Dec 31/15	Inflow	Aug-31	Sept. +	Project
Donations to Building Fund	358,153	41,918	400,071		
Boyd Bequest Fund	105,399		105,399		
Cairns Bequest Fund	83,448		83,448		
Hempstock-Huff Bequest Fund	36,837		36,837		
Mitchell-Hempstock Fund	75,000		75,000		
Rosemarie Spoerri Fund		9,000	9,000		
Grant from Extension Fund	60,000		60,000		
Grant fromn Cooke's Trust	20,000		20,000		
Loan from Lending Fund	65,000	35,000	100,000		
Loan from Extension Fund		30,000	30,000		
Loan from Organ Fund		15,000	15,000		
Transfer from Operating Balance		10,180	10,180		
<b>TOTAL FUNDS</b>	<b>803,837</b>	<b>141,098</b>	<b>944,935</b>		<b>944,935</b>

## Financial Status of the Building Project as of August 31st

Source and Use of Funds for Construction Project, as of August 31, 2016					
B. EXPENSES FOR PROJECT					
	Expenses to	2016	Total to	Estimate	Total
	Dec 31/15	to Aug 31	Aug-31	Sept +	Project
Architect					
Design, Drawings, Approvals	47,157	0	47,157	10,000	57,157
Consultants	18,894	0	18,894	750	19,644
Total	66,051	0	66,051	10,750	76,801
Parkwood					
Permits	8,603	0	8,603		8,603
General expenditures	3,392	3,735	7,127	2000	9,127
Deposit	13,531	0	13,531		13,531
Total	25,526	3,735	29,261	2,000	31,261
Savaria (Lift)	20,306	0	20,306		20,306
Pri-Tec Construction	463,191	257,068	720,259	5,948	726,207
Pri-Tec Construction *		0	0	8,000	8,000
--Parking lot, plus		23,560	23,560	0	23,560
--Trees as per site plan				5,000	5,000
Legal Fees	0	1,930	1,930	1,597	3,527
Total Pre-tax costs	575,074	286,293	861,367	33,295	894,662
Net HST	20,284	11,090	31,374	1,315	32,689
Total Project Costs	595,358	297,383	892,741	34,610	927,351
C. BALANCE	208,479				17,584

\* Expenses to complete Gathering Place

- submitted by Dennis Featherstone,  
Facility Planning Team

### Note from the Editor: November Pulse Deadline

The next edition of the Parkwood Pulse will be for the month of  
November. Deadline for **all submissions** is October 24th.

[parkwoodpulse@yahoo.ca](mailto:parkwoodpulse@yahoo.ca)

*The Pulse is always in colour online!*

## Policy and Planning—Expressions of Appreciation

In a letter dated July 29, 2016 from the Moderator of the 142nd General Assembly, expressions of thanksgiving and appreciation are extended from the Presbyterian Church in Canada, as follows:

That the thanks of the Assembly be extended to the congregations, individuals, presbyteries, organizations, and international and ecumenical partners who warmly welcomed and graciously offered hospitality to the Rev. Karen R. Horst.

That individuals, congregations and presbyteries be commended for their involvement in refugee sponsorship and for their support for refugees who remain overseas and who require humanitarian assistance.

That individuals, congregations and presbyteries be commended for their prayers, generosity of spirit, and resources to support the life-saving work of PWS&D in emergency assistance, in particular for the generous responses to the Nepal earthquake relief and to the Syria crisis, and life-transforming work in development programs responding to communities suffering from hunger, disease, disaster, conflict, and injustice around the world.

That sincere appreciation be expressed to the individuals and congregations who faithfully supported Presbyterians Sharing in 2015.

- submitted by **Dianne Nickerson,**  
Policy & Planning

## Youth and Young Adults—October 8th

Come one, Come all  
Join the youth and young adults  
Of Parkwood  
As they extend the hand of fellowship  
For a time of sharing, praising and friendship



Saturday, October 8, 2016  
Parkwood Presbyterian Church  
Fellowship Hall  
7:30 p.m.

- submitted by **Pam Pestaluky,**  
Christian Education Team

## Lunch and Learn—October 17

Lunch at 12 noon  
Followed by  
the speaker at  
1:00 PM

### Safe Driving for Older Adults

The speaker for October’s Lunch and Learn will be Dale Marcellus, a Master Instructor in Driver Education. Dale is a member of the Canada Safety League and has presented at a number of groups in Ottawa. Dale will give us tips on how to adapt and drive safely as we experience the effects of getting older. Bring your questions - all are welcome.

#### ***Volunteer at this event!***

Please check for the signup sheet in the Meeting Room to help with the lunch. We will need soup, sandwiches, dessert, and help to set up.

- submitted by Dora Brown

## Construction Photos from September



Window installation to replace the old entrance doors

Reveal of brick wall and new coat room area under construction



**The Marriage Course—October 16th to November 27th**



**The Marriage Course** is a DVD-based “date night” with your spouse that runs over 7 weeks—that’s seven Relaxing, Enjoyable, and Challenging evenings together in the intimate setting of our new Gathering Place.

***Relaxing:***

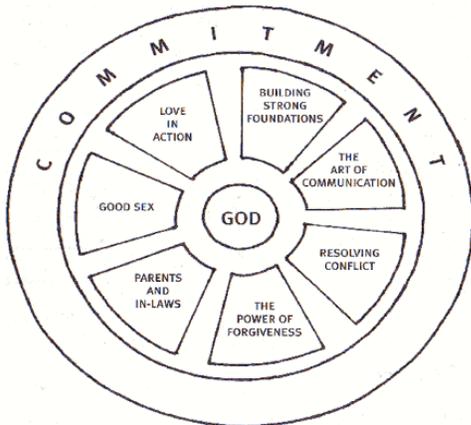
Each evening, you’ll be greeted when you arrive and invited to seat yourselves at a cozy table for two that creates an intimate setting for your private conversations. A dessert table will be furnished with tasty treats and beverages for all of the couples to sample throughout the evening. At the end of the session, simply make your way home together and leave the cleanup to us!

***Enjoyable:***

The hosts of the series, Nicky and Sila Lee, are a very engaging couple who introduce the topics of each evening and share their own stories of marriage throughout. There are also many interview couples who share about the ups and downs of their relationships with touching tales and entertainingly honest confessions.

***Challenging:***

You’ll each have your own workbook that accompanies the DVD presentation - there are several breaks during the evening for you and your spouse to do the workbook exercises and talk about your responses together.. “Homework” will reinforce your commitment to caring more deeply for each other and keeping God in the centre of your relationship.



**All conversations are private, just you and your spouse. There are no group discussions.**



We look forward to seeing everyone who has registered for this fantastic set of “date nights” this fall!

- submitted by Michael and Carrie Morris

## Giving Thanks - Parkwood Softball Team

This was the second year (in recent times) that members of our church have participated in the Ottawa Christian Softball League as part of a Parkwood team. It has been our great pleasure to meet, reconnect with, play alongside, and celebrate with many awesome people these past two years.

Our favourite things about the team, for which we give thanks:

**Carrie:** The team members we've had thus far have really made this fun. Most if not all of us get along very well, though few go to the same church together, and there's been a relaxing camaraderie, with lots of high-fives and appreciation for both seasoned skill and beginner improvement, at any age.

**Michael:** I like that we had quite a mix of skill levels and ages, because that allowed for us to grow both as individual players and also as a whole team, learning to work together.



**Carrie:** I love yelling out encouragement to the team. As a generally quiet person, it is a rare and cathartic event where I can feel free to holler; at our fielders for an amazing play, or at the runners to get home and cross the plate. More than pats on the back for my own performance, I love cheering for the others and getting wholly caught up in the excitement of the game.

**Michael:** The league convener of the past two years, Bob Merrick, had a focus on fellowship that made for a great atmosphere at each game and it also led to a fun year-end celebration, where we voted amongst ourselves to honour one of our players with a Most Valuable Player award.



**Carrie:** One of the best parts of the season this year (besides winning so much!) was when we discovered that St. Louis Wings Bar and Grill serves up free plates of nachos to local sports teams. Sadly this discovery was near the end of the season or we would have taken advantage of this more often, but I remember well the times we went there after a game, in a small group or a larger one, and enjoyed each other's company along with the food, just chilling and chatting, talking about the game or commenting on the sports showing on the TVs. It just made it that much more inclusive-feeling, like we were a family.

Our thanks to the players we've so far had out from our congregation: Philip MacFie, Derek Newton, Greg Newton, Regan Rambally, and Graham Walford

The softball season runs from May through August and games are every Friday night at 6:30pm. If you've been considering joining us, think about coming out next year - we'd love to have you on the team.

- submitted by Michael and Carrie Morris



## THANKSGIVING

Biscuits  
Bread  
Cabbage  
Carrots  
Corn  
Cranberry  
Dessert

Dressing  
Family  
Feast  
Grace  
Grateful  
Gratitude  
Gravy

Harvest  
Holiday  
Muffins  
Pecans  
Potatoes  
Praise  
Prayers

Pumpkin  
Relatives  
Roast  
Salad  
Stuffing  
Turkey  
Worship

# Parkwood Church Activities October 2016 -- revised Oct 18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 10:00am Renewal Fellowship at Parkwood 12:00pm Young Adults Lunch & Fellowship
<b>2</b> 10:00am Church School 10:00am Worship & Communion 12:00pm Fellowship Team	<b>3</b> 6:30pm ESL Conversation	<b>4</b> 1:00pm Pastoral Care Team 7:00pm Mission Team 7:30pm Finance & Maintenance Team	<b>5</b> 10:00am Koffee Klatch 4:00pm Praise Guitar Group 5:00pm LOGOS 7:30pm Barrhaven Bible Study	<b>6</b> 7:00pm Choir Practice	<b>7</b>	<b>8</b> 6:00pm Young Adults Dinner 7:30pm Koinonia
<b>9</b> Thanksgiving Sunday 10:00am Church School 10:00am Worship	<b>10</b> Thanksgiving Monday - Church office closed	<b>11</b>	<b>12</b> 10:00am Koffee Klatch 4:00pm Praise Guitar Group 5:00pm LOGOS 7:30pm Barrhaven Bible Study	<b>13</b> 7:00pm Choir Practice	<b>14</b> 7:00pm Youth Activity Night	<b>15</b> 12:00pm Young Adults Lunch & Fellowship
<b>16</b> 10:00am Church School 10:00am Worship 11:30am Parkwood Concert Band Practice 7:00pm Marriage Course Date Night 7:30pm Bible Study	<b>17</b> 12:00pm Lunch & Learn 6:30pm ESL Conversation	<b>18</b> November Calendar Deadline at 9 am	<b>19</b> 10:00am Koffee Klatch 4:00pm Praise Guitar Group 5:00pm LOGOS 7:30pm Barrhaven Bible Study 7:30pm Choir Practice	<b>20</b> November Pulse Deadline at 9 am	<b>21</b> Synod @ Trinity Carp, Friday & Saturday 4:30pm Youth Activity Night @ SkyZone	<b>22</b>
<b>23</b> 10:00am Church School 10:00am Worship 11:30am Parkwood Concert Band Practice 12:00pm Young Adult Fellowship 7:00pm Marriage Course Date Night	<b>24</b> 6:30pm ESL Conversation 7:30pm Session	<b>25</b> 2:00pm Pastoral Care Communion	<b>26</b> 10:00am Koffee Klatch 4:00pm Praise Guitar Group 5:00pm LOGOS 7:30pm Barrhaven Bible Study	<b>27</b> 7:00pm Choir Practice 8:15pm Worship Co-ordination Team Meeting	<b>28</b>	<b>29</b> 8:00am Men's Breakfast @ Local Heroes 3:00pm Presbytery Youth Scavenger Hunt @ St. Andrew's, Stittsville
<b>30</b> 10:00am Worship - Dedication of new facilities 10:00am Church School 11:30am Parkwood Concert Band Practice 12:00pm Young Adults Fellowship 7:00pm Marriage Course Date Night 7:30pm Bible Study	<b>31</b> 6:30pm ESL Conversation					