

PARKWOOD PULSE

PARKWOOD PRESBYTERIAN CHURCH MONTHLY NEWSLETTER

Stay tuned to your Parkwood Pulse and email newsletters for updates on in-person events.

Your Parkwood Pulse is online with digital editions. Submissions can be sent in to parkwoodpulse@yahoo.ca

"Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves."

- **Philippians 2:3**

Join us online for worship on Sundays at 10AM, or, if able, join us in person!

MAY 2025

Consider Others

Philippians 2:3 - Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. (NIV)

Wanting to be #1, or Number ONE, is at heart of so much conflict.

Both in the world and in the Christian Church, self-centredness and its consequences result in so much of the harm and the disharmony that engulf our world.

Satan's fall from heaven, and that of Eve and Adam on earth, resulted from aspirations and efforts on their respective parts to be first, or at least equal, with God, the Creator and architect of the universe, and the sovereign ruler of all. All sin against others has flowed from this unholy and misguided ambition.

Preference given — or even the perception of preference being shown — to one group of widows led to complaints of neglect on behalf of another group of widows. (Acts 6:1) Yet in God's design for His church, the solution was to enlist more servants.

A servant is one possessing the spirit of the greatest Servant of all, Jesus Christ. The early church addressed the problem of the neglected widows by seeking and choosing seven servants "full of the Spirit and of wisdom", and entrusting to them the care of all, so that none would be neglected. This is service.

Most, if not all, slights and offences taken — whether intentional or non-intentional — would disappear and be no more remembered if each and all of us practiced the same sort of humble service that proceeds from hearts and minds that "consider others" better than ourselves.

Here is Paul's counsel, pointing us to the One Who shows the way:

Your attitude should be the same as that of Christ Jesus: Who, being in very nature God, did not consider equality with God something to be grasped, but made himself nothing, taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself and became obedient to death — even death on a cross! Therefore God exalted him to the highest place and gave him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father. (Philippians 2:5-9, NIV)

Christ's sacrifice was sufficient for us. Most of us are not being called to die on crosses, but we are being summoned to live as servants of one another, in the spirit of humble service that considers others ahead of ourselves. May God lead us to so live, and thereby to strengthen the harmony and the unity of Christ's family here on earth, and in so doing show the world that there is a far better way than ME first.

Christ Jesus is the only #1, or THE ONE.

Your pastor, humbly and imperfectly, but striving to serve,

James T. Hurd

Parkwood Celebrates Birds!

At Lunch and Learn on April 21st, we were blessed with a visit from a local high school math teacher whose passions include bird watching and photography. Al Caughey shared an amazing collection of photographs of birds which either nest in or migrate through our area.

We took the opportunity to ask our guest where might be the best location on our property to mount a very well-built and attractive bird house, given to Parkwood Church. The late Jon Wadleigh, who was a long-time member of Parkwood, built the bird house and presented it to the congregation as a gift some years ago. With the construction undertaken to renovate and expand our building, the bird house was safely stored in the minister's study, where it remained after the disruption caused by the pandemic.

Thanks to our volunteer Facility Management Team, our beautiful bird house is now appropriately mounted in our church yard, and it awaits its first residents!

- submitted by James T. Hurd



Lunch and Learn Follow-Up

At the March Lunch and Learn, Hilse, Playfair & McGarry made a presentation on "What to do when someone dies" and one of the key messages was that open communication prior to one's death can provide great comfort to loved ones. If the deceased person's wishes are known, the stress resulting from the multitude of decisions to be made following a death will be alleviated.

Hulse, Playfair & McGarry are sponsoring an online seminar to assist families with planning for the future. It takes place as a virtual event on Wednesday, May 14th, 6:30PM.

You can register at <https://www.hpmcgarry.ca/seminars>

- submitted by Marcia Harten

Financial Update - March 31, 2025

Financial Donations

Donations as of March 31, 2025

This note is a first look at how donations in 2025 compare with donations in 2024. Specifically, the comparison is after the first three months of 2025. Donations for Current Operations, Loan Repayment and the combination of Presbyterians Sharing and PWS&D are up from last year. Donations for Outreach/Appeals and Parkwood Programs are down from last year.

Comparison of Donations for First Three Months, 2024 and 2025			
	2024 (1)	2025 (2)	Difference (3) = (2) - (1)
Current Operations (Budget)	39,443	42,825	3,382
Fundraising	966	0	(966)
Loan Repayment	1,186	2,632	1,446
Missions, Appeals, Programs			
--Presbyterians Sharing, PWS&D	2,206	2,644	438
--Other Outreach/Appeals	2,535	825	(1,710)
--Parkwood Programs	2,552	1,825	(727)
Sub-total	7,293	5,294	(1,999)
Total Donations for Current Purposes	48,888	50,751	1,863

Note (1): Totals may be affected by rounding.

Budget for Local Purposes

The income in the budget for Local Purposes is composed of donations for current operations (shown in the above table) plus rental income and other income. Expenditures in the budget is composed of expenditures for operating the building, personnel, mission and other program expenditures. When income exceeds expenditures there is a surplus for Local Purposes. But when expenditures exceed income then there is a deficit for Local Purposes.

As of March 31, there was a deficit of \$3,534 for Local Purposes.

Dennis Featherstone, Finance Team

Mission Team Special Appeal - Harmony House

Who they are



Harmony House is Ottawa's only second-stage women's shelter. It is dedicated to helping women and children fleeing abuse to eventually live independently in their community. Established in 1986, the organization provides housing, childcare, outreach, therapy, and assistance in finding affordable housing.

What they do

Harmony House offers a range of supportive programs geared at helping their clients rebuild their lives after experiencing violence. Their key services include:

- Residential Program: Provides safe, furnished shelter units for women and children, allowing them to heal from trauma. Residents receive essential household items, which they can take when they move out. Approximately 2500 women and children have benefitted from this service.
- Outreach & Housing Support: Helps women find affordable, permanent housing and provides safety planning, tenant rights education, and court accompaniment.
- Children & Youth Programs: Includes free childcare, after-school programs, summer camps, and personal development activities for children aged 6 to 13.
- Food Bank: Offers food assistance to current and former residents, helping them manage food insecurity and budgeting. Currently they support 25 families.
- Therapy Program: Provides confidential therapy with a registered psychotherapist to support recovery from trauma.
- Community Kitchen: A professional chef-led program where women learn cooking skills and share meals and take-home food for their families.

If you are looking for an organization to help out as a volunteer and/or to contribute financial or other support, we encourage you to add Harmony House to your list for consideration.

For more details, you can visit their website at www.HarmonyHouseWS.com.

- submitted by Viris Williams,
Mission Team

Position Opening - Summer 2025

Summer 2025 Position Opening: Youth Recreational and Leisure Activities Program Co-ordinator

Parkwood Church, Ottawa is seeking an enthusiastic, responsible, self-motivated young adult to serve as our Youth Recreational and Leisure Activities Program Co-ordinator (hereafter the "Co-ordinator").

We aim to connect: youth with youth; individuals and groups across different generations; individuals to community, and the community of Parkwood Church to the wider community, providing opportunities to initiate, sustain, and enhance both in-person and virtual online connections.

Components of the work plan for the Co-ordinator will include (a) production of materials including textual and audio-video materials for current and future use, and (b) co-ordinating in-person events and providing logistical support for online gatherings.

Under the supervision of our Minister or a designated Elder, the Co-ordinator will provide administrative, clerical and logistical support to foster safe in-person and online connections for youth and other group activities, and to develop stimulating learning materials for current and future use.

Through the provision of a grant under the Canada Summer Jobs program, Parkwood Church is able to offer this position for eight weeks, within the ten-week period between June 23 to August 30, 2025, for 35 hours per week.

Applicants must be either Canadian citizens or have permanent residency in Canada, or be protected refugees; must be legally entitled to work in the Province of Ontario; and between the ages of 17 and 30 years.

The successful applicant will be a high school graduate, possess good oral, written, and electronic communication skills, with competency in related computer skills, including the use of audio and video. Some post-secondary education and previous experience working with children and youth are strongly desirable assets.

Any inquiries may be directed to either the Minister or the Administrative Assistant through the church office at office@parkwoodchurch.ca

The application deadline is Monday, June 2, 2025 at 12 noon. Applications are to be submitted by e-mail to office@parkwoodchurch.ca



10 Chesterton Drive, Ottawa, Ontario K2E 5S9 Tel: 613-225-6648
E-mail: office@parkwoodchurch.ca Website: www.parkwoodchurch.ca

Lunch and Learn - May 12th, 2025

May Lunch & Learn Topic - Osteoarthritis

Please join us on Monday, May 12th at noon for our next Lunch and Learn. This month, we will welcome Emma Streach, an occupational therapist who specializes in treating people with osteoarthritis.

Her presentation will focus on what this condition is, how to manage it, and what activities help with day-to-day function.

A sign-up sheet for set-up volunteers and food donations is available in the Gathering Place.

Lunch is served at noon, followed by the presentation at 1:00 p.m. **All are welcome to come!**

150th Anniversary Service - May 4th, 2025

Below is the write-up about Parkwood Presbyterian Church that was included in the booklet for the service celebrating 150 years of The Presbyterian Church in Canada:

Parkwood - 10 Chesterton Drive, Ottawa

In response to the expanding suburban area of Parkwood Hills, a worship service was held on September 20, 1964 in a local school. Within a year, Presbytery approved the formation of the Parkwood Presbyterian congregation.

A property was purchased and the farmhouse became the manse. After fundraising and donations, a church building was constructed adjacent to the manse and the first worship service in the church building was in March 1974.

In 1989 the renovated manse was dedicated as the Fellowship Centre and in 1996 the church building was expanded for improved usage.

In 2015 the Fellowship Centre was decommissioned and razed and a newly-constructed expansion and renovation was dedicated in October 2016.

In September 2024 Parkwood celebrated the 60th year since its first worship service. To celebrate, a worship service was held outside adjacent to the church building and a banner was hung on the front of the church.

Dennis Featherstone

View the service: <https://www.youtube.com/live/zF50-25b3FY?si=96BaAB4rU2D7U83c>

Download the booklet: https://www.qeosynodpcc.ca/presbyott/docs/150th_Anniversary_booklet.pdf



**A SERVICE
OF WORSHIP
TO CELEBRATE
AND GIVE THANKS
FOR 150 YEARS OF THE
PRESBYTERIAN CHURCH IN
CANADA**

**AT ST. PAUL'S CHURCH, OTTAWA
4 MAY 2025**



Parkwood Church Activities May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 7:30pm Music Rehearsal	2	3
4 10:00am Worship & Church School & Mission Appeal 1:00pm Sunday Bible Study (Zoom).	5	6 1:00pm Pastoral Care Team (Zoom). 7:00pm Mission Team (Zoom)	7 7:00pm ESL Conversation 7:00pm Junior Gym Night 7:30pm Barrhaven Bible Study (Zoom).	8 7:30pm Music Rehearsal	9 7:00pm Youth Group.	10
11 Christian Family Sunday 10:00am Worship & Church School 1:00pm Sunday Bible Study (Zoom).	12 12:00pm Lunch & Learn: Arthritis.	13 2:00pm Pastoral Care Communion. 7:00pm Policy & Planning Team Meeting (Zoom)	14 7:00pm ESL Conversation 7:00pm Junior Gym Night 7:30pm Barrhaven Bible Study (Zoom).	15 7:30pm Music Rehearsal	16	17
18 10:00am Worship & Church School 1:00pm Sunday Bible Study (Zoom).	19 Victoria Day - Church office closed.	20 June Calendar Deadline 7:00pm Presbytery @ Osgoode Church, Vernon	21 7:00pm Junior Gym Night 7:00pm ESL Conversation 7:30pm Barrhaven Bible Study (Zoom).	22 7:30pm Music Rehearsal	23	24
25 June Pulse Deadline. Youth Group 10:00am Worship & Church School 1:00pm Sunday Bible Study (Zoom).	26 7:00pm Session.	27	28 7:00pm ESL Conversation 7:00pm Junior Gym Night 7:30pm Barrhaven Bible Study (Zoom).	29 7:30pm Music Rehearsal	30	31 10:00am Renewal Fellowship Prayer Meeting (Zoom) 6:00pm Young Adults' Dinner & Discussion.