

PARKWOOD PULSE

PARKWOOD PRESBYTERIAN CHURCH MONTHLY NEWSLETTER

Stay tuned to your Parkwood Pulse and email newsletters for updates on in-person events.

Your Parkwood Pulse is online with digital editions. Submissions can be sent in to parkwoodpulse@yahoo.ca

"Because he himself suffered when he was tempted, he is able to help those who are being tempted."

- Hebrews 2:18

Join us for worship on Sundays at 10:00AM, or, if not able to come in person, join us online!

MAY 2026

Are You Tempted?

Temptation ... is a common and recurring fact of life!

Jesus was tempted. At the beginning of His public ministry, we are told in Matthew 4 that the devil tempted Jesus — at least three times. The intent of the temptations was to derail Jesus' public ministry. Jesus came to reveal God's good and glorious nature to the whole world through the perfect life, clear teaching, gracious healing, astounding miracles, sinless and vicarious death, and sufficient and vindicating resurrection of the One Who was both fully God and human. By this means, Jesus would redeem and reclaim a people as God's own, beloved and adopted as His sons and daughters. The temptations, on the other hand, sought to get Jesus to serve self, to test God, and to worship the devil.

The devil's temptations are sometimes disguised as "friendly chats". "Did God really say ..." is how the first temptation began in Genesis 3:1, when the serpent twisted God's commission to Adam and Eve that they were free to eat from any tree in the garden, but "not from the tree of the knowledge of good and evil". (Genesis 2:16-17) God's gracious provision was freedom, but freedom with self-restraint. The temptation was to selfish indulgence.

Temptation involves suffering. The suffering for the descendants of Adam and Eve is often initially in the struggle between our old, fallen, selfish nature, which wants to satisfy the cravings of the flesh, and our new, Spirit-filled and Spirit-directed nature, which is eager to offer God praise, flowing from our gratitude for God's great love for us and His many mercies, which are new every morning.

Hebrews 2:18 - "Because he himself suffered when he was tempted, he is able to help those who are being tempted." (NIV)

Joseph Scriven's famous hymn, "What a Friend we have in Jesus" has some memorable lines: Have we trials and temptations? ... Take it to the Lord in prayer.

We do well to remember that Jesus in His humanity also took His temptations to God in prayer. In the Garden of Gethsemane, when struggling with submitting to His pending arrest and crucifixion, not only did Jesus pray, but He asked the disciples to sit and pray with Him. (See Mark 14: 32-40.) Although they failed, and fell asleep — and later deserted Jesus at the cross — we do well to mark and learn from the truth that Jesus persevered in "taking it to the Lord in prayer" — and overcame the temptation.

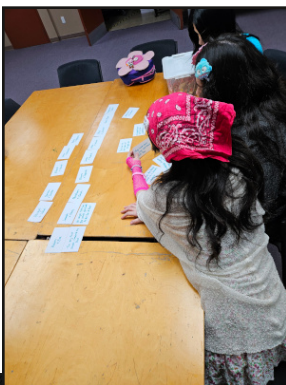
Calling others to stand with us in prayer when we are tempted is a good, God-appointed strategy — and one of the ways in which we can overcome temptation.

We cannot avoid temptation — but we can, with God's promised help, escape the devil's clutches successfully. "No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it." (1 Corinthians 10: 13, NIV)

Seeking God's help in overcoming temptation, one day, one step, and one prayer at a time,

Your pastor,
James T. Hurd

Parkwood Youth!



Lunch and Learn - May 25th

Topic: “Let’s Talk About Dementia” is a presentation brought to you by The Dementia Society of Ottawa and Renfrew County that builds understanding of what dementia is, how it affects individuals and their community, and where to find support- because no one should face dementia alone.

Key Highlights Include:

- What is dementia?
- Where can I get help?
- How can dementia affect me or someone I care about?
- How does dementia affect us?
- What can I do about dementia?

Lunch at 12:00 noon, followed by the guest speaker. Freewill offering for lunch. For more information contact the Parkwood church office 613-225-6648. Everyone welcome!

- submitted by Dora Brown



Missionary Visit - Leah Hopp



Welcome to our Special Guest: Leah Hopp

Parkwood-supported missionary working in the Karamoja Region, Uganda

Join us as Leah shares how God is at work through her ministry and the ways the gospel is advancing in Karamoja.

**Saturday June 6, 2026
10:00AM, Fellowship Hall
(Breakfast will be served)**

**Sunday June 7, 2026
During the worship service**



**SAVE
THE
DATES!**

All are welcome!
Please come, listen, and encourage Leah in her ministry!

- submitted by **Viris Williams,**
Mission Team

From the Editor:
June Pulse

The next edition of the Parkwood Pulse will be for the month of June. Send in your submissions by Sunday, May 24th to

parkwoodpulse@yahoo.ca



From the Finance Team

Offerings and the Tax System

Session is very thankful for your financial support of the church and its ministries. The purpose of this note is to remind everyone that the tax system is designed to benefit people who have an income tax receipt for their donations and who include the receipt or its information with their income tax submission for the year.

The benefit is either a reduction in tax due or an increase in a tax refund. While the benefit is not on a dollar-for-dollar basis relative to your donation, it is nevertheless a financial benefit.

To receive an income tax receipt from Parkwood for your annual donation, your donations must be identifiable by our Envelope Secretary. If you have an offering envelope or make your donation via e-transfer (donate@parkwoodchurch.ca), then the Envelope Secretary is able to accumulate your donations for the year and prepare an income tax receipt for your use early in the following year. It is easy to obtain a package of envelopes for your donations. Simply ask Betty Paul, our Envelope Secretary, for a package of envelopes. Betty is the only person who sees the amount of your annual donations. You may also indicate your interest in having donation envelopes by asking Gord Walford or Dennis Featherstone, who in turn will notify Betty of your request.

Financial Report



Parkwood offers ministry and worship in this place thanks to the generosity of faithful givers. Thank you for your financial support of the church and its ministries.

In the first quarter (January through March) of this year, the congregation provided financial support of \$42,923 for Local Purposes. This amount was a little short of the target of \$45,000 for the first quarter of this year.

As a reminder, donations can be made in several different ways:

- On the offering plate
- Via mail to the church to the attention of the Envelope Secretary
- Via PAR (automatic deduction from your bank account each month)
- Via online e-transfer to donate@parkwoodchurch.ca
- Via online credit card/PayPal through CanadaHelps to Parkwood

Further details on some of these methods are available on the church website.

- submitted by **Dennis Featherstone,**
Finance Team

Job Posting**SUMMER 2026 POSITION OPENING:
YOUTH RECREATIONAL AND LEISURE
ACTIVITIES PROGRAM CO-ORDINATOR**

Parkwood Church, Ottawa is seeking an enthusiastic, responsible, self-motivated young adult to serve as our Youth Recreational and Leisure Activities Program Co-ordinator (hereafter the "Co-ordinator").

We aim to connect: youth with youth; individuals and groups across different generations; individuals to community, and the community of Parkwood Church to the wider community, providing opportunities to initiate, sustain, and enhance both in-person and virtual online connections.

Components of the work plan for the Co-ordinator will include (a) production of materials including textual and audio-video materials for current and future use, and (b) co-ordinating in-person events and providing logistical support for online gatherings.

Under the supervision of our Minister or a designated Elder, the Co-ordinator will provide administrative, clerical and logistical support to foster safe in-person and online connections for youth and other group activities, and to develop stimulating learning materials for current and future use.

Through the provision of a grant under the Canada Summer Jobs program, Parkwood Church is able to offer this position for eight weeks, within the ten-week period between June 22 to August 29, 2026, for 35 hours per week.

Applicants must be either Canadian citizens or have permanent residency in Canada, or be protected refugees; must be legally entitled to work in the Province of Ontario; and between 17 and 30 years of age.

The successful applicant will be a high school graduate, possess good oral, written, and electronic communication skills, with competency in related computer skills, including the use of audio and video. Some post-secondary education and previous experience working with children and youth are strongly desirable assets.

Any inquiries may be directed to either the Minister or the Administrative Assistant through the church office at office@parkwoodchurch.ca

The application deadline is Monday, June 1, 2026 at 12 noon. Applications are to be submitted by e-mail to office@parkwoodchurch.ca



10 Chesterton Drive, Ottawa, Ontario K2E 5S9

Tel: 613-225-6648

E-mail: office@parkwoodchurch.ca

Website: www.parkwoodchurch.ca

CANHAVE Letter

The session of Parkwood received the following letter from CANHAVE, and commends it to the congregation:

CANHAVE Children's Centre Inc. is a registered Canadian charity, founded in 1995, initially to support the education of five children orphaned in Uganda because their parents died of AIDS. Since that time, several hundred children have been helped to gain basic education and life skills, enabling many of them to become self-sufficient and contributing members of society.



As of January, 2026, CANHAVE continues to support 43 students, all of whom are presently in secondary school in Uganda (equivalent to grades 7 through 12 in Canada).

CANHAVE is entirely a volunteer organization, supported by a network of committed donors, managed in Canada by a board of five directors, who are in communication with three trustees in Uganda. The only overhead costs in Canada are insurance and a small sum for printing and postage to facilitate fundraising. Over 95 percent of funds contributed are transferred directly to Uganda and used to pay school fees and ensure transportation for the students as necessary.

To mark the 30th anniversary of the founding of CANHAVE, a presentation was made to the Presbytery of Ottawa in November, 2025, and permission received to share with all congregations in the presbytery a request for support. Many of our original and long-time donors and supporters have passed on, and it is crucial that CANHAVE enlist new supporters to ensure that students currently supported are enabled to complete their basic education.

A generous donor has agreed to match new donations made to CANHAVE between May 1 and June 30, 2026, to a total of \$20,000. If we are successful in strengthening the base of donor support, the board of directors will consider undertaking support for additional new students.

In Uganda, AIDS remains a major challenge for public health. Public awareness programs have reduced the stigma of HIV/AIDS. This has meant that those who test positive for HIV are more willing to come forward for treatment, and clinics have been set up to provide testing and treatment. The recent cancellation of the USAID program has severely restricted the availability of HIV/AIDS medications. USAID grants were also used to assist in funding public and secondary schools in Uganda. As such funding is not available, the costs of education fall to the government and on schools. This has been a contributing factor in the high level of inflation in the cost of school fees.

We would request that your session share this appeal with your congregation, and invite any individuals who are interested and able to make a contribution.

There are several ways in which donations may be made, which are listed on our donation page on our website at www.canhave.org. Tax-deductible receipts will be issued promptly by the treasurer.

In anticipation, we express our thanks for your consideration, and on behalf of the children and youths of Uganda making their way in the world without the support of parents, we express our gratitude for a hand up!

James T. Hurd,
President, CANHAVE Children's Centre Inc.

Parkwood Church Activities May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	
3 10:00am Worship & Church School 1:00pm Sunday Bible Study (Zoom)	4 7:45pm Presbytery Visitation @ Parkwood for Congregation	5 1:00pm Pastoral Care Team (Zoom) 7:00pm Mission Team (Zoom)	6 7:00pm ESL Conversation 7:30pm Barrhaven Bible Study (Zoom)	7 7:30pm Music Rehearsal	8 7:00pm Youth Group	
10 10:00am Worship & Church School 1:00pm Sunday Bible Study (Zoom)	11	12 2:00pm Pastoral Care Communion	13 7:00pm ESL Conversation 7:30pm Barrhaven Bible Study (Zoom)	14 7:30pm Music Rehearsal	15	16 10:00am Renewal Fellowship Prayer Meeting (Zoom)
17 10:00am Worship & Church School 1:00pm Sunday Bible Study (Zoom)	18 Victoria Day - Church office closed	19 June Calendar Deadline 7:00pm Presbytery @ Trinity Church, Carp	20 7:00pm ESL Conversation 7:30pm Barrhaven Bible Study (Zoom)	21 7:30pm Music Rehearsal	22 7:00pm Youth Group	23
24 June Pulse Deadline 10:00am Worship & Church School 1:00pm Sunday Bible Study (Zoom)	25 12:00pm Lunch & Learn: Topic: Dementia 7:00pm Session	26	27 7:00pm ESL Conversation 7:30pm Barrhaven Bible Study (Zoom)	28 7:30pm Music Rehearsal	29	30
31 10:00am Worship & Church School 12:30pm Young Adults Lunch & Discussion 1:00pm Sunday Bible Study (Zoom)						